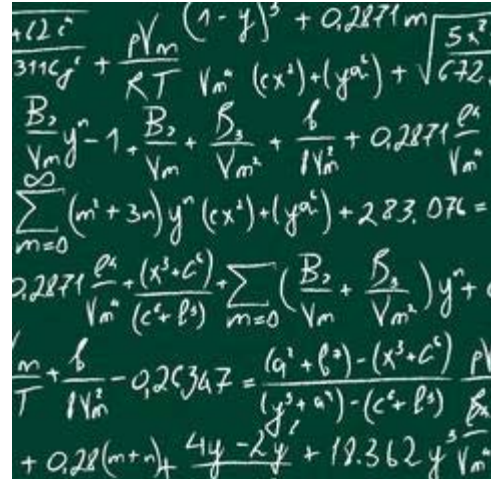


## HOW COMPLEX IS YOUR HEALTH?

Very. I studied for 14 years at the university level before I began to practice as a doctor. Since completing my university studies I have worked as a doctor for more than 35 years – and guess what – there is ALWAYS more to learn, more to discover, more to refine in my knowledge and understanding of medicine and human health.

In science it is well known that for every one question you answer through research and study, 50 new questions come about that need research and study... it's a never ending process.



Each year since my university studies were completed I spend over 20 hours per week in research and I continue to take post-doctoral classes in the newest developments in science and medicine, both traditional medicine as well as natural & alternative medicine.

Why? Because my passion is to offer you more, to help you more and to do that I must know more. You may think it's pretty routine, consulting with a doctor.

If it IS routine, you chose the wrong doctor – I can tell you there is nothing routine about being a passionate, motivated health care provider.

Each patient is unique, as unique as their DNA, their fingerprints, their personal history. One size does not fit all – just the opposite – and if you have been receiving care from a common practitioner who spends little time and takes even less personal interest in you, your unique needs and your welfare, it's time to find a new doctor, one who gives you the personal time and attention to detail you need and deserve.

You may think that HEALTH = NO SYMPTOMS. We have all been taught this but it is dead wrong, dead wrong.

Your health problems are NOT your symptoms. Let me repeat that: **YOUR HEALTH PROBLEMS ARE NOT YOUR SYMPTOMS.** Symptoms arise only as a result of the original problem. The problem comes first, symptoms come afterward.

Western/American medicine treats your symptoms with Rx prescription drugs or surgery to suppress or mask your symptoms or remove body parts – after all, if you can't feel the symptoms or if the parts are gone, then your symptoms are better which means all is well, right? Again, dead wrong.

If you have dental pain do you want an Rx prescription for pain killers and leave it at that? No, you want the problem fixed at its origin. That is the only thing that makes sense and restores your dental health. Then tell me, why would any other health problems not deserve this same logic, this same correct action, this proper answer to the question 'What's wrong with my health?'

We spend more time and provide more resources of information than any other doctors around because we want you to be well informed and well empowered with knowledge and understanding of how your health works, why it broke down, how it can be restored and how you can avoid future problems.

Education and understanding are critical to your getting well and staying well. Work with us as active partners in healing. If your symptoms were the problem we would be treating you just like common American doctors do, but we don't, we use entirely different methods because the nature of our work, and the nature of your needs, are entirely different.

Suppression of symptoms has nothing to do with healing, actually it retards healing and worsens the problems because it does not address nor resolve the true underlying cause of the problems, so the cause lingers and gets worse with time, and the Rx drugs you are given have toxic, harmful, even fatal side effects – natural medicine gets to the heart of the matter, helps your body heal it, and has no side effects – which makes more sense to you? Which is safer and more effective? Which do you want in your body?

We want you to develop your knowledge and understanding of your health, but please remember that even now, after 14 years of formal academic university training in science and medicine, and even after another 35 years in daily clinical practice, I am still learning and refining my knowledge, so if there are times when what I am explaining to you doesn't yet make complete sense to you, keep trying, remain patient, in time it will make sense.

What I know now I did not know when I was just starting out in science and medicine – it is illogical if you think you can understand everything you need to know quickly and completely.

Questions? We love them, it means you are thinking and learning, ask them, we will answer them well and you will be happy to have learned more. Thank you for working in partnership with us to promote exactly what you want: better health through natural methods.

**Alternative Health Concepts, LLC**  
**James R. Bowman, ND, DNHC, DCP, FAAIM, DiHom**  
**2926 Post Road, Suite C**  
**Stevens Point, WI. 54481 USA**  
**Tel 715.341.4949**

**Website: [www.getyourlifedback.org](http://www.getyourlifedback.org)**