

# National Cancer Institute

at the National Institutes of Health



## Probability (%) of Developing Invasive Cancers over Selected Age Intervals by Sex, US, 2005-2007 \* Birth to 39 40 to 59 60 to 69 70 and Older Birth to Death

All sites in the body:  
Male and Female

Age in Years:

1.44 [1 in 69] 2.12 [1 in 47], 8.50 [1 in 12] 9.01 [1 in 11], 15.71 [1 in 6] 10.22 [1 in 10]

37.95 [1 in 3] 26.49 [1 in 4], **44.29 [1 in 2].**

These statistics are reported by the National Cancer Institute for the year 2011. They reveal that as we age our chances of getting cancer increase from 1 in 69 cases at the age of 1.44 years to **1 in 2 at the age of 44 years. That means they now expect at age 44 there will be a 50% chance of getting cancer – ten years ago the expectation was 1 in 10 people would get cancer. Cancer is on the rise. Ever wonder why most people begin to experience more serious health problems in their 40's? Because of internal imbalances and toxic accumulations their bodies can no longer handle.**

Is cancer in your future? Many factors contribute to cancer including genetics, lifestyle, environmental factors, diet, stress, and Rx prescription medication. Genetics at most play a 15% role in your predisposition to cancer, leaving 85% for lifestyle, environmental influences, stress and medications like anti-biotics which damage the immune system and your DNA.

In our work over the past 35 years we have found some consistent markers which are present in all cancer patients and some research suggests that these markers, if present before the actual diagnosis of cancer, are predisposing factors, factors which point to the probability of getting cancer before it is manifested as the disease itself.

What are the markers involved in being predisposed to cancer?

1. Chronic inflammation and uncontrolled internal free radical cellular damage.
2. Overly acid internal body chemistry.
3. Toxic accumulations in the body.
4. Uncontrolled, unresolved emotional and mental stress.
5. Compromised immune system.
6. Systemic (full body) candida fungal infection.
7. Hormonal imbalances
8. Rx prescription drugs

The testing procedures and the consultations we offer all patients have built into them evaluations of these kinds of markers and if those markers are found in your evaluations it would be wise to explore this further in order to reduce and minimize your own probability of getting cancer.

Can all cancer be prevented? No, not yet, but by knowing your personal markers and working in the proper way to reduce or even eliminate them, you can radically increase your chances of remaining healthy and well. For example, if a woman walks 30 minutes 3 times a week she can decrease her chances of getting cancer by about 33%, but if she walks just one more day, a total of 4 days a week for 30 minutes, her chances of avoiding cancer doubles to 66%.

Lifestyle is critical to health no matter what specific health issues you consider. We specialize in natural and alternative health care using a combination of detoxification, nutritional, herbal and vitamin therapies, homeopathic medicines, stress reduction and lifestyle recommendations – a very complete, comprehensive approach to reducing your cancer risk factors and promoting the physical and lifestyle health which will help you avoid serious health problems including cancer.

Remember you are unique, just like your fingerprints and DNA. No one can ever promise you a cure or even that you can completely avoid cancer, but by understanding your unique situation and markers and then working to specifically target and reduce them, your chances of remaining healthy can increase dramatically.

We have more information to share, please contact us for assistance with any health concerns you may have: